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Join AMPP!

Join the newly formed Association of Med-Peds Physicians (<u>link</u>). Free to join. AMPP "initiatives are aimed at promoting collaboration, sharing best practices, and shaping the

modern health care."

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role of Med-Peds physicians in

MP Welcome Party in July!

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DUKE MEDICINE-PEDIATRICS

Newsletter

Alum Highlight: Jane Trinh



What attracted you to Duke Med-Peds and/or Durham? How did you get your start here?

Several of the things that attracted me to Duke Med-Peds are also the reason why I have stayed. I was a medical student at Duke and learned about the field of med-peds after I met residents who were med-peds on my rotations as well as meeting faculty like Dr. Suzanne Woods and Dr. Tom Owens during my 3rd year of medical school. The people I met who were med-peds trained were people I respected in how they cared for and treated patients. They were people I could see myself learning from.

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Hello from the Program Director!

Hello from Durham! We are enjoying the start of fall weather, Duke football's surprise season success, and six new Med-Peds interns! The first year class has already made the BIG switch from medicine to pediatrics, or pediatrics to medicine, with great enthusiasm. Two highlights of the year so far have been collaborating with Dr. Baker on a Durham History Walking Tour and gathering at our Fall Med-Peds Potluck. Next, we are planning our 5th Med-Peds Annual Advocacy Run to benefit the LGBTQ Center of Durham. Finally, recruitment season for 2024 is in full swing, and we look forward to finding the next members of our Duke Med-Peds family! We hope this newsletter finds you well and look forward to hearing from you! – Colby Feeney

Alum Highlight Continued...

Why I chose to stay at Duke included wanting to surround myself with those who valued taking exceptional care of patients and embracing the environment of learning at the bedside. Not knowing what I was going to do after residency, I wanted my residency training to be intense and where I could be exposed to anything and everything. I loved the opportunities in global health and the focus on evidence-based medicine (now, referred to as evidencebased practice). Duke was that place for me.



During residency, I had the opportunity to learn from

so many people. Dr. Woods and Dr. Owens were the main med-peds faculty at the time, and I had mentors and role models across medicine and pediatrics too (Dr. Ralph Corey, Dr. Diana McNeill, Dr. Dan Sexton, and Dr. Gordon Worley, to name a few). I served as Chief Resident of Ambulatory Medicine and Durham Regional Hospital (now Duke Regional Hospital) for the Internal Medicine Residency Program after medpeds residency, and worked at the Duke Outpatient Clinic for a year.

I was then lucky to get a jump start in my journey as a clinician educator when Dr. Woods gave me the opportunity to be the APD for the Duke Med-Peds residency program under her leadership in 2008. For the next 10 years as APD and subsequently almost 5 years as PD, I learned so much in how to recruit and support trainees, run a residency program, work with 2 different departments and 2 categorical residency program, and gain administrative and leadership experience!

What are you doing now? Tell us more about your transition from Program Director to Med-Peds Division Chief. What is your day like and what are your priorities as MP Division Chief?

I started as Division Chief in December 2020 for the med-peds primary care faculty and spent a couple of years doing both roles of Division Chief and Program Director. I chose to focus my attention on the Division in the fall of 2022. As many may remember, the med-peds clinic faculty were organized under a Section of Med-Peds, under the Division of Pediatric Primary Care. There had been discussions to become a Division previously when Dr. Woods led the Section of Med-Peds; it officially developed into a formal organizational unit as a Division in late 2020. Having a Division of Med-Peds in the Department of Pediatrics allows us to leverage our unique training to develop areas of special interest and focus, to advocate for our practice in the care of patients across the age spectrum, and to better support med-peds faculty in opportunities across the Departments of Pediatrics and Medicine.

There are different challenges in my role as a Division Chief that I encounter compared to the program director role, and I am continuing to learn every day. We have been able to grow our group over the last year, adding 3 new faculty and an APP, and this allows us to expand our clinical primary care services for our Durham community.

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Alum Highlight Continued...

We have had conversations with partners in how to enhance access and optimize care for moms and babies, how to support adolescents with and without chronic conditions transition into adult care, and how we can hone in and close gaps in patients who have missed opportunities for routine care, with an eye to health equity. With the change to the Duke Health Integrated Practice and being part of the health system structure (as opposed to the PDC- which was a separate, but integrated, entity), there may be other opportunities to partner with the other primary care groups at Duke to align practices and maximize resource utilization. Additionally, I have the opportunity to network with some med-peds division leads across the country which is something I enjoyed doing as a program director too.

Looking back to where you are now, what were the most important aspects of your Duke Med-Peds Residency experience that helped prepare you for your career?

The friendships and networks of colleagues I built during residency have been the most important pieces of residency training. From the times in the MICU with colleagues or getting the weekly social updates via pager (which is why we always carried our pagers, even when we were not working!) or getting through the toughest nights on the wards, I saw how valuable building relationships and having trust in each other matters – this carries forward in the day to day work that I do. Clinically, I feel fortunate to have trained in a rigorous and balanced program for both internal medicine and pediatrics so I could be prepared to care for medically and socially complex patients and support patients in their most challenging situations in the primary care setting.

What brings you the most joy during your work days and in your free time?

I love the longitudinal relationship in seeing my patients over the years – they have seen the changes in my personal and professional life and I have been able to share in theirs.

Most of my free time revolves around my daughters' activities right now; they are 11 and 13 and active in school and sports. It's fun to see them develop their own interests. When they are not doing their organized activities, we love to spend time at the beach or in the mountains. There are so many great things about living in the Triangle and in NC – you can't run out of things to do!

Any words of wisdom to current trainees?

The days are long but the years are short! It often feels like an uphill battle, and residency is a unique time in the learning journey to have a group of colleagues who are walking step by step with you in your medical training and they will become lifelong friends!



MP spring journal club meet up!

Meet our Med-Peds Class of 2027!



Madison Bagley

Madi joined us from the University of Utah where she attended medical school and was a member of AOA. She completed her undergraduate studies at Brigham Young University with a B.S. in Athletic Studies. She has a passion for medical education and was involved in curriculum redesign and medical education research in medical school as well as multiple tutoring and mentoring activities. She is dedicated to serving her community through volunteerism. Madi loves hiking, running, and baking. Her goal is to visit all of the US National Parks! She is also an artist and had a piece published in a peer-reviewed arts magazine!





Andrew Grose

Andrew earned his MD from University of Chicago Pritzker School of Medicine. He attended University of Notre Dame for a B.S. in Preprofessional Studies and Spanish and then obtained an M.A. in Latin American and Iberian Studies. He taught science lessons to underserved students in Chicago and worked at multiple community health clinics during his medical school training. Andrew is multilingual and speaks both Spanish and Portuguese. Andrew has a particular interest in Salvadoran history and culture and enjoys translating and writing Spanish- and Portugueselanguage poetry!



Lauren Halsey

Lauren joined us from down the road at UNC-Chapel Hill School of Medicine. She attended undergrad at NC State University and obtained a B.S. in Biomedical Engineering. She was selected to be in the Albert Schweitzer Fellowship for 2020-2021 where she worked on a nutrition education curriculum for elementary school-aged students. She was also actively involved and a leader in the Student Health Action Coalition, the oldest student-run clinic in the nation, throughout medical school. Lauren enjoys paddle boarding, painting, cooking, and learning to play golf!



Our Med-Peds Class of 2027, continued



Joseph Locklear

Joseph joined us from UNC-Chapel Hill where he attended medical school and undergrad, obtaining a B.S. in Clinical Laboratory Science. Prior to medical school, Joseph worked as a clinical lab scientist at Duke University Hospital. Joseph was involved in multiple QI projects in medical school on addressing COVID-19 vaccine hesitancy among Hispanic patients and improving medication reconciliation in geriatric patients. He also volunteered at the Student Health Action Coalition throughout medical school. He served in multiple leadership roles in the Student National Medical Association. Joseph enjoys live music, weight training, and karaoke!



Brandon Moritz

Brandon attended the University of Oklahoma College of Medicine where he was in GHHS. He received a B.S. in Biomedical Engineering at the University of Arkansas. He was involved in multiple interdisciplinary projects evaluating medical education curricula and social determinants of health. Brandon was president of the University of Oklahoma Community Health Alliance, a student-led organization that facilitates medical student volunteerism in underserved communities. He was an invited committee member of the Association of Clinicians for the Underserved. Brandon loves the outdoors, live music, and walking his dog, Ruffles!



Lara Scott

Lara attended medical school at the University of Tennessee where she was a member of AOA. Prior to medical school, Lara spent a year in City Year Americorps at a Memphis elementary school. Lara obtained a B.S. in Chemistry from University of Alabama. She was involved in multiple research projects on sickle cell disease and coagulation activation. She volunteered at the Wellness and Stress Clinic, a free clinic in Memphis, TN during medical school. She mentored junior medical students and also held multiple leadership positions at Health Students Teach Memphis Youth. Lara enjoys cooking, reading, and learning languages on Duolingo!

The Duke Med-Peds Residency Fund

This fund <u>supports our current Med-Peds residents</u> in a variety of educational experiences, including participation in research projects, attendance at national meetings, preparation and presentation of scholarly work, global health opportunities and involvement in community outreach programs. Please consider making a contribution **online** and clicking Combined Medicine-Pediatrics Residency Program from the list, or send a check to Duke Health Development Office, Attn. Duke Med-Peds Residency Fund, 300 W. Morgan Street, Suite 1200, Durham, NC 27701, Durham, NC 27701.

Duke Med-Peds News

Fall 2023

Resident Updates



Penelope Michele Loriaux was born on 7/1/23 to Sandra and Dan!



Collins Grace Curtis was born on 7/15/23 to Sam and Will!

Scholarly Activity

- Bari Rosenberg was awarded a Faculty Resident Research Grant for 2023-2024 for her research on survival of adults with acute lymphoblastic leukemia by chemotherapy regimen. She was also a co-author on a publication on <u>use of EHR data to identify potential adverse events</u> <u>associated with intravenous immunoglobulin</u> (Haley Hostetler 2018 was a co-author). She presented a clinical case at the Annual NC Peds Conference "What the Helminth?". Ed Evans (2002) was a co-author.
- Sam Curtis presented her QI project at the Annual NC Peds Conference "Tiny Teeth: A Quality Improvement Project to Improve Connection of Young Children to Local Dentists". She was awarded a Primary Care Prize and Honorable Mention Award for her project.
 Carolyn Avery (2013) was a co-author.





* **Shane Clark** was selected for the AAP National Conference Residency Program Delegate and awarded a grant to attend the AAP 2023 National Conference and Exhibition.



MP2 class (Shane Clark, Lily Suarez, Noah Hellerman, Josh Mercer, Joe Goddu) at the beach!



Vivian Chen-Andrews (2024) with alum Scott Tolan (2014) in Kenya!

Resident Updates, continued...

Brandon Moritz published multiple opinion articles on: 1) <u>COVID-19 pandemic and vaccination</u> in *Free Clinic Research Collective*, 2) <u>Potential impacts of corporatization of health care on primary care</u> in Fierce Healthcare, and 3) <u>Addressing the primary care physician shortage in Oklahoma</u> in The Oklahoman.

Lily Suarez will be presenting on her work "Process mapping to explore ideal food insecurity screening and intervention protocols in pediatric primary care" at The Annual Conference on the Science of Dissemination and Implementation in Health in December and she earned a travel award. She also had 3 poster presentations at Pediatric Academic Societies on food insecurity screening and interventions in primary care.

Courtney Richman wrote a commentary in *Cancer Epidemiology, Biomarkers & Prevention* on <u>"Can We StoP</u> worrying about Long-term PPIs and Gastric Cancer Risk?". She also had a presentation at the American Gastroenterological Association Digestive Disease Week May 2023 on <u>"Identification of gaps in the delivery of high-quality care in eosinophilic esophagitis"</u>.

End of Year Resident/Fellow Awards

YT Chen for Resident Education - Ben Redpath

YT Chen for Patient Care - Andrew Morgan

Appleseed Awards (Peds) - Sriya Muralidharan, Josh Mercer

Robert Drucker Excellence in Teaching Award -Sriya Muralidharan

Karen Frush EM Award - Sriya Muralidharan

Deborah Kredich Award - Sriya Muralidharan

James Stockman Award - Andrew Morgan

Best SAR Talk (1 of 2 selected) - Emily Zalimeni

IM Community Service award - Sandra Loriaux

Appleseed Award (IM) - Josh Mercer

Fellow teaching awards: Henry Foote and Govind Krishnan



MP3 class (Julia Hiserodt, Karen Lin, Aashu Patel, Courtney Richman, Sam Collins) at dinner!



Aashu Patel got engaged to Natasha Mehta!

Graduate and Faculty Updates

Govind Krishnan (2020) was selected to be GME Chief Resident for Quality and Safety 2023-2024.

Courtney Lamberton (2019) currently a Duke Pulmonary and Critical Care Fellow was selected to participate in the Society of Early Education Scholars (SEEDS) program.

Ruchi Doshi (2021) was elected Co-Chair of the National Med-Peds Subcommittee for the American Academy of Pediatrics, selected to participate in the Duke Improvement Science Leadership Course, and selected as Chairperson of the DUHS Transition Task Force.

Jennifer Taylor-Cousar (2002) was recognized by Denver-area magazine 5280 as one of the <u>Top Doctors</u> <u>for 2023</u>.

Sriya Muralidharan (2023), prior to her recent graduation, presented at Robert Califf Department of Medicine Research Awards on "Pathogenic flora continue to contaminate duodenoscopies despite novel disposable tips".

Andrew Morgan (2023) published a case report on <u>"Streptococcal endarteritis associated with severe aortic coarctation</u>" in *Prog Pediatr Cardiol* and co-authored another article in *Acad Pediatr* on <u>Association Between In-</u> <u>Training Exam Scores and Clinical Exposure During the Covid-19 Pandemic.</u>

Kanecia Zimmerman (2011) received a <u>Duke Medical Alumni Association Emerging Leader Award</u> for 2023.

Grace Lee (2022) and **Sam Dizon** (2022), along with co-authors **Colby Feeney** (2015), **Amy Lee** (2017), and senior author **Jane Trinh** (2006), <u>published their QI work</u> in *J Grad Med Educ* on improving resident comfort in resident-led peer debriefs after critical incidents.

David Ming (2010) was selected as the next Chief of the Division of Pediatric Hospital Medicine.

MP1 class (Madi Bagley, Lara Scott, Andrew

Grose, Brandon Moritz) at the Welcome Party!



Henry Foote (2021) and family welcomed Marshall!





Grace Lee (2022) Peds cardiology fellow and **Monty Natour** (2021) Neonatology fellow meeting up at CHOP!

Graduate, Faculty & Staff Updates

Carolyn Avery (2013) published her work in NEJM Catalyst on <u>"Addressing Health-Related Social Needs</u> through Systematic Screening and Integration of a Social Care Technology Platform".

Richard Chung (2009) and **Carolyn Avery** (2013) with other Duke co-collaborators were awarded a DIHI 2023 Innovation Award for "Automating Behavioral Health Evaluation in Primary Care".

David Ming (2010) and **Richard Chung** (2009) published their work in Hospital Pediatrics on <u>"Predictive</u> Modeling to Identify Children with Complex Health Needs At Risk for Hospitalization".

Jane Trinh (2006) was featured on a new Duke Children's <u>Pediatric Voices podcast</u> on "Health Concerns for Teens & Young Adults". The podcast is co-hosted by **Richard Chung** (2009).

Sarah Cohen (2019), a combined adult pulmonary/critical care and pediatric pulmonary fellow at Ohio State University and Nationwide Children's wrote a commentary piece in CHEST Physician (MDedge) Airways Disorder Network about <u>transitioning from pediatric to adult care</u>.

Nick Turner (2016) was involved in 2 RCTs and co-author of the following publications: 1) <u>Ceftobiprole for</u> <u>Treatment of Complicated Staphylococcus aureus bacteremia</u> in NEJM and 2) <u>Efficacy of a Clinical Decision</u> <u>Rule to Enable Direct Oral Challenge in Patients with Low-Risk Penicillin Allergy</u> in JAMA IM.

Dana Clifton (2016) was selected as the Co-Chair of the Duke University Health System Opioid Use Disorder Working Group. With researchers in the Dept of Population Health Sciences, she <u>published</u> findings on non-overdose hospitalizations among commercially-insured patients with opioid use disorder.

Congratulations to **Ashley Bowes**, Duke MP Residency Program Coordinator, for being elected as President of AMPPA (Association of Med-Peds Program Administrators) for 2023-2025!



MP alum class of 2003 meeting up! **Jamie Fox, Cindy Johnson, Scott Robert, Anita Ying, and Kristin Ito**



Katie Wood (2020) and family welcomed Mary Christine (MC) Andrews!



Austin Wesevich (2021) and family welcomed Adrienne Adele Wesevich!