Greetings from Durham where Fall has arrived! Our intern class is already one quarter of the way through the academic year and off to a great start.

With respect to our recent graduates, we were successful in retaining 4 of the 6 as fellows, chief resident and faculty! As recruitment is about to start up next month, I want to personally appeal to each of you to consider donating to our MP residency fund.

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Meet the Class of 2020: Welcome!

**Amadea Britton** grew up in Stanford, California. She did her undergraduate education at Princeton University, and then attended Harvard School of Public Health for her Masters of Science in Global Health. Amadea graduated from UCSF for medical school. During medical school, she designed 4 pilot tools for contact investigation of MDR-TB in Tanzania, and worked with program managers of the Tanzania National TB and Leprosy Program and PATH Tanzania. She led a support group for women living in a larger urban homeless shelter, as well as designed an elective for students interested in Global Health. Previously during her public health work, Amadea studied artemisinin-based therapies for malaria in Vietnam.

In her free time, Amadea enjoys opera and musical theater and travel to rainforests.

**Govind Krishnan** came from Allen, Texas. He graduated from Cornell with a BA in neurobiology and behavior, and returned to University of Texas Southwestern at Dallas for medical school, where he was AOA.

At UT Southwestern, Govind was active in basic and clinical research, and was significantly involved in numerous volunteer activities, such as being a peer mentor, organizing a multicultural celebration for prospective first-year students, serving as clinic manager for an underserved South Asian migrant population clinic, and coordinating a student health fair.

Govind enjoys singing classical Indian music, soccer, cooking and traveling.

**Matt McCulloch** grew up in Little Rock, Arkansas, and attended Rhodes College. He then received his doctorate of medicine at University of Tennessee.

During medical school, he was active in clinical research at both LeBonheur Hospital and St. Jude’s Hospital, involving antibiotic stewardship in pediatric

Letter from Section Chief and Program Director

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**Class of 2020, continued**

ICU’s and outcomes in pediatric patients treated for leukemia. Matt was also very involved in the Esperanza Clinic which is a student run free clinic for uninsured Hispanic patients, in the Medical Student Executive Council, and also participated in admissions for UT medical school.

Matt enjoys hiking, mountain biking, outdoor activities, weightlifting, poetry and traveling.

**Elizabeth (E-beth) Ockerman** grew up in Nashville, Tennessee. She did her undergraduate education at Georgetown, and completed her medical degree at University of Tennessee, where she was AOA.

E-beth was an active participant of the admission committee, tour guide team, and peer mentoring program during medical school. She served on the Medical Student Executive Council at University of Tennessee. E-beth played soccer for the club team at Georgetown and served as a camp counselor at Camp Seafarer for 3 years (for those med-peds alums who are in NC and the surrounding states).

In E-beth’s free time, you might find her playing soccer, running, reading, or sailing. She would be a great assistant for anyone looking to take their sailboat out next!

**Katie Wood** grew up in Syracuse, New York. She attended SUNY Geneseo for her undergraduate studies and University of Buffalo for medical school, where she was AOA.

During medical school, Katie was involved in the Human Rights Clinic for immigrants and refugees, and the Lighthouse Clinic for the underserved. She helped found a women’s health branch.

Katie enjoys running, yoga, biking, music travel and the Buffalo Bills!

**Justin Yoo** grew up in Baltimore, Maryland. He went to Emory for his undergraduate studies, and then completed a masters at Georgetown in physiology. He returned to Emory for medical school.

During medical school, Justin acted as a standardized medical student for attending physicians to provide feedback on their physical exam skills. Attendings then received feedback on the feedback! He was also active in global health activities, the underserved clinic in Atlanta, led a problem based learning module on endocrinology and did a research project on hemolytic transfusion reactions in mice.

Justin enjoys softball, swimming, guitar, and baking.
Graduate Updates

Christy Boling Turer (2008) has been selected to serve a four-year term as a standing member of the FDA's Pediatric Advisory Committee, is an Associate Editor, Obesity Science and Practice, and was elected to AHA writing group: American Heart Association childhood adversity and cardiometabolic health outcomes. She has received 3 grants in the last year, as well as an NHLBI-funded K23. You can find her recent publications in Am J Med Sci, Obesity: Science and Practice and Academic Pediatrics. She and her husband Aslan Turer welcomed their 3rd son Linus Eugene in May 2015, and are expecting their 4th child this fall.

Lisa Nguyen Kranzdorf (2009) has taken a position in primary care as Assistant Professor of Internal Medicine and Pediatrics, Division of Med-Peds, Department of Medicine at UCLA.

Apara Dave (2012) started at Exeter Hospital in Exeter, NH as an adult infectious diseases faculty member.

Andy Livingston (2013) complete his hematolgy-oncology fellowship at University of Texas MD Anderson, and is now Assistant Professor, Sarcoma Medical Oncology and Pediatrics. He is the Co-director Adolescent and Young Adult Oncology Program at the University of Texas MD Anderson Cancer Center. He also received the ASCO (American Society of Clinical Oncology)/Conquer Cancer Foundation Young Investigator Award (Project: Heat shock protein 27 and the autophagy paradox in osteosarcoma).

Joel Boggan (2013) has taken on the role as mentor to the chief resident for quality and safety (CRQS) at the Durham VA Medical Center (formerly held by Dr. David Simel) and will take on a medical education role in the School of Medicine Clinical Skills Curriculum faculty.

Ann Marie Navar (2013) started on faculty in the Division of Cardiology, Assistant Professor of Medicine in the Department of Medicine at Duke.

Tacy Downing (2011) has joined the faculty as a pediatric cardiologist with The Heart Program at Nicklaus Children’s Hospital.

Shailesh Balasubramanian (2014) won the annual award for Junior Attending at Columbia University in his role as a Medicine hospitalist.

Matt Schwartz (2007) started on faculty as a pediatric cardiology interventionalist at Levine Children’s Hospital in Charlotte, NC.

Richard Chung (2009) won the Duke GME Innovation Award (along with Gary Maslow) for his work with the Young Adult Transitions Clinic. This was awarded during the Celebration of Research, Quality and Innovation in Graduate Medical Education in May 2016.

Rebecca Sadun (2014) won the Snyderman Research in Medical Education Award for her project using an all-GME survey about pediatric to adult transitions training at the Celebration of Research, Quality and Innovation in Graduate Medical Education in May 2016.


Anita Ying (2003) was promoted to Associate Professor in Adult and Pediatric Endocrinology, and to Executive Medical Director in Ambulatory Clinical Operations, UT MD Anderson Cancer Center. She has also recently published in the International Journal of Endocrine Oncology on the Value-based healthcare: implications for thyroid cancer.

Congratulations to Dana Clifton (2016) and Matt Aitken for their recent marriage on September 20, 2016. Dana recently joined the DukeHealth Medicine Hospitalist group.

Congratulations to Jordan Awerbach (2014) and Liz Reilley for their recent marriage on September 17, 2016.
Featured Alumnus: Richard Chung, 2009

What are you doing now?
I have been back at Duke for the past five years. I direct the Adolescent Medicine program and am the medical director of the Duke Center for Eating Disorders. I spend most of my time in clinic at the Roxboro Street site, typically seeing patients between 10-30 years of age. We have a growing chronic illness transition program in which we provide care for Adolescents and Young Adults (AYA) with a variety of complex medical and mental health needs, many with significant developmental disabilities requiring intensive supports and care coordination well into adulthood. Finally, we also have a small but growing diagnostic clinic in which I see AYA with complex and difficult to diagnose issues in the realm of chronic fatigue, chronic pain syndromes, and other challenging problems.

As part of the chronic illness transitions program, our ATLAS (Adolescent Transitioning to Leadership and Success) team has developed a variety of innovative youth development offerings including a monthly peer support and leadership group, a summer leadership development camp, and a fitness-focused program for young people with neurodevelopmental disabilities. These programs are driven by ATLAS staff and I’ve been privileged to contribute to what is becoming a really well-rounded array of clinical and non-clinical services for this group.

I am also active in medical education, working every month with residents and students, and overseeing the adolescent medicine rotation and the medical student selective in adolescent health. Although I am mostly a clinician-educator, I have also found several wonderful colleagues with whom I’ve had a chance to partner in research and QI-related projects. It’s often hard to find time to engage in full in these aspects, but it is rewarding, and I enjoy collaborative projects and writing.

How did you get to where you are now?
I finished residency in 2009 and left Durham for 2 years to complete an Adolescent-Young Adult Medicine fellowship at Boston Children’s Hospital. After completing fellowship, I returned to Duke and started in this role. Even after completing fellowship I have had a fairly steep learning curve, trying to figure out my focus and identity as a clinician and faculty member. Adolescent Medicine is an interesting domain because I am currently the only faculty member wholly dedicated to this area. This has been good to the extent that there have been plenty of opportunities to contribute and lead, but it has also been a challenge because even after fellowship, we all need to continue to grow and develop. I’ve thankfully found mentors who have been really crucial to my settling into my role.

How did the combined training help you?
It turned out to be really perfect for my interest area. I actually didn’t

The Duke Med-Peds Residency Fund

Supports our current Med-Peds residents in a variety of educational experiences, including participation in research projects, attendance at national meetings, preparation and presentation of scholarly work, global health opportunities and involvement in community outreach programs.


Richard, Caleb, Joshua and Gina Chung

Continued page 5
know I was going into adolescent health at the beginning of residency, but as I experienced both pediatric and medicine rotations, the combination of prevention, development, and early intervention on chronic morbidities really captured my interest. Med-Peds was perfect in that it offered the diversity and balance of experience I needed to develop a skillset that fits adolescent health well. Depending on the situation and timing, you have to be keenly focused on development, but at other times, you have to address complex adult morbidities in earnest.

**What are your other non-clinical activities and how did you get involved in these things?**

In addition to medical education, QI, and research activities, I’ve tried to be active in the broader adolescent health community. I am actively involved in the Society for Adolescent Health and Medicine which is the leading academic adolescent health society. I recently completed a term as our regional chapter president, and am involved in a variety of society committees and working groups. Because adolescent health is a fairly intimate field, it has been really important for me to develop relationships and collaborations outside of Duke. I’ve also gotten involved with the ABP as a member of the adolescent medicine sub-board. This has been another great opportunity to partner with other adolescent health advocates in overseeing development and implementation of certification exams in adolescent medicine. Finally, I’ve more recently tried to develop deeper relationships with community adolescent health advocates here in Durham. There are numerous individuals and groups working to promote adolescent health and thriving in Durham County, and there is a lot of room to grow in linking Duke in earnest with these partners.

**What had attracted you to Duke Med-Peds and/or Durham?**

Duke stood out as the most well-established program that I visited. Because of its long track record, I could tell that the program had a distinct identity apart from the categorical programs and that faculty on both the pediatrics and medicine sides knew what to expect from med-peds residents. I also liked the fact that Duke is a well-integrated entity, and that the residents didn’t need to hop between separate institutions to experience the continuum of care that med-peds encompasses. Finally, I was born in Durham, although I was raised in Connecticut, so coming to Duke felt like a homecoming of sorts and a perfect opportunity to finally root for Duke basketball among kindred spirits.

**Who were your mentors throughout training?**

When I started training in 2005, the core faculty members were Sue Woods, Tom Owens, Dan Ostrovsky, Dean Miner, and Ed Evans. All contributed meaningfully to my training. Sue and Tom were the leaders of the program throughout and were both wonderful mentors to me. Certainly, Sue has continued to be a key mentor even after I graduated the program and as I returned to Durham she has really been a valuable sounding board and advocate as I’ve developed my career.

**How do you think the Duke Med-Peds Residency Program helped you prepare for your career?**

The residency program provided an extremely strong foundation for my career. The breadth and depth of experience is really unparalleled. Although I spend most of my time with teens and young adults, my training in caring for younger children and older adults informs how I perceive and care for my AYA patients. Although I’m mostly in ambulatory settings at this point, my inpatient experiences have given me the foundation I need to care for the most complex patients longitudinally away from the supports of the hospital. Finally, the academic skill set that I developed has been crucial in informing my practice, my teaching, as well as my academic collaborations.

**What do you like to do in your free time?**

My wife, Gina, and I are pretty busy with our two boys, Caleb (8) and Joshua (3). Besides their typical activities, we are regularly benefitting as a family from the restaurant and entertainment renaissance in Durham. We also like the outdoors (to some extent) and enjoy exercising (sometimes). Finally, we are active in our church, which has been a crucial foundation for our family, our friendships, and our concern and care for our city.

**Any other words of wisdom to current trainees?**

I would encourage trainees to always be open to and thoughtful about new opportunities. Life will always feel busy, and you’ll always be able to pare down your activities later on if you need to, but you won’t always know about opportunities that you’ve passed up. Whether it’s new people you meet, talks you go to hear, books you read, opportunities to collaborate with friends and colleagues, potential mentors you are thinking about contacting…. I’ve found that the best things that have happened to me in my career have been unpredictable. My approach is to always be open and to see where things go and to be pleasantly surprised when things go well or something surprising and positive happens. Many leads may fizzle, but some won’t. Also, invest most heavily in people and relationships. Whether friends, colleagues, or mentors, spending time getting to know someone and developing and earnest relationship is always time well spent.
Congratulations

Haley Hostetler (formerly Peterson) was married on July 9, 2016 to James Hostetler.

John Paul Shoup was selected as one of the members of the 2016-17 class of the Learning Health System Training Program (LHSTP) in the Department of Medicine. He is also the Med-Peds representative to the ICGME.

Amy Lee and Ashley Hanlon have been invited to serve on the GME Patient Safety and Quality Council.

NC Pediatrics Society Annual Meeting Posters, August 19-21, 2016, Pinehurst, NC

John Paul Shoup, V Parente, R Chamberlain, H McLean. Multimodal intervention improves inpatient discharge process. HONORABLE MENTION AWARD FOR POSTER

Laura Miller, J Trinh, M Key Solle. Opisthotonus in the era of near-universal tetanus toxoid vaccination.

Amy Lee, Kully Woodruff, S Woods, J Trinh. Improving documentation and anticipatory guidance of carbon monoxide poisoning and importance of detection

Patel, B, Randell, R, Chung, A. Spot On! Langerhans Cell Histiocytosis Presenting as a Newborn Rash.

Naughton, A, Scott, B, Mori, M, Young, S, Pena, L. A Metabolic Malady Masquerading as Neonatal Sepsis.


Other scholarly activity:


Amy Lee received a 2016-17 Faculty Resident Research Grant, for “Effects of Adverse Childhood Experiences on Quality of Life in Adolescents,” with mentor Gary Maslow.

END OF YEAR AWARDS

Pediatrics
Medical Student Resident Teaching Awards: Courtney Lambert and Nick Turner
James Stockman III Award: Nick Turner
Deborah Kredich Teaching Award: Dana Clifton
Housestaff Annual Award for Neonatology: John Paul Shoup

Medicine
Bruce Dixon Award for Best Clinician: Nick Turner
Haskell Schiff Award nominee: Nick Turner
Califf Medicine Research Awards: Nick Turner
Top QI poster Award at Medicine Research Retreat: Nick Turner
Top Research poster Award at Medicine Research Retreat: Dana Clifton