

# GET INVOLVED @DUKE IM

JULY 2015



*The more you give back, the more you will get out of your residency experience. Please note the many opportunities to join in our residency activities, community service and more!*

## WHAT OPPORTUNITIES ARE AVAILABLE? WHO DO I TALK TO ABOUT GETTING INVOLVED?

### COMMUNITY SERVICE:

**Social Action Council:** Started in 2015, the Social Action Council will plan community service activities throughout the year and is working on our 'signature' project – an ongoing afterhours clinic at the Lincoln Community Health Center.

**Who to contact:** Dinushika Mohottige or Jenny Van Kirk

### RESIDENCY LIFE:

**Residency Council:** The Residency Council helps Dr. Zaas and the program leadership deal with any issues concerning the educational experience for residents. Four members of your class will be elected in late July.

**Who to Contact:** Jesse Tucker or Dinushika Mohottige

### PATIENT SAFETY AND QUALITY IMPROVEMENT:

**Patient Safety-Quality Council:** The PSQC meets monthly to discuss and lead QI projects for the residency program. Notable projects include our award winning "Choosing Wisely" efforts in 2014-15.

**Who to Contact:** Lish Clarke or Lindsay Boole

We are always open to new ideas for residents to get involved in the Duke Community and in Durham. Please talk to the chiefs, your advisor or Aimee with any ideas you have – we will help you find out how to make them happen!



## **STEAD SOCIETIES:**

Stead societies are designed to provide mentoring, social and community service opportunities for you. Typically, each society will plan an event and open up participation to everyone. Examples include:

**Kempner Stead Tread 5k:** This year, we will have the 5K in September (our 4<sup>th</sup> annual Stead Tread!). Please contact Matt Crowley if you are interested in helping out.

**Warren Ronald McDonald House Dinner:** Once a year, we bring dinner to the families at the Ronald McDonald House. Please contact Steve Crowley if you are interested.

**CHARITY AUCTION:** This is our residency program's largest contribution to the Durham community. To be held on April 15<sup>th</sup>, 2016, the Charity Auction raises money for Senior PharmAssist, a local charity that helps elderly in the community understand and afford medications and the DOC patient fund. Interested in helping out? Co-chairs are Jessie Seidelman and Andrea Sitlinger.

## **RESIDENT RESEARCH:**

Many of our residents choose to spend extra time doing research projects. We have several opportunities for funding your projects, including the Faculty Resident Research Grants and the Stead Research Grant Program. Questions about resident research should be directed to Dr. Murat Arcasoy.

## **TURKEY BOWL:**

Held on Thanksgiving every year, the Turkey Bowl matches the Duke Marines against the VA Jets. Everyone is welcome to play, but sides are chosen early! Practices are held every Sunday starting in September, typically at Forest Hills Park. Interested in playing? Contact the Duke or VA Chief or ACR.

## **DUKE INTRAMURALS:**

You are eligible to play on intramural teams at Duke. Please contact VA Chief Chris Hostler with any questions about forming a team or how to sign up.

**DOCTOBERFEST:** Annual spirit and community service month (in October). See Jen Averitt or Aimee if you want to help out.

## **ALL THINGS TECH:**

We are always looking to bring new technology to the residency program. Please contact Dr. Bill Hargett if you are interested in helping build apps, or introducing other technology to the program.

## **DIVERSITY:**

We are hosting our first Under-represented Minority Medical Student Symposium on August 8<sup>th</sup>, and have other opportunities through our MRRC during the year. Contact Dr. Kim Evans or Bonike Olorontoba for more details. Juan Sanchez is our LMSA rep and Brittany Dixon is our SNMA rep as well.

We are also working with DukeMedPride, the student organization dedicated to providing a supportive environment for LGBTQI students and their allies. Contact Michael Hochman or Shan Elahi for details.

## **RESIDENT TEACHING:**

Many of you would like opportunities to get involved in teaching medical students. Please contact Dr. Saumil Chudgar, our director of Undergraduate Medical Education for more information about opportunities to become a better teacher!

